

TRIP APPLICATION

Please print all information and mail with your \$400/person deposit to Mountain Hiking Holidays, P.O. Box 86250, Portland, OR 97286. You may make copies of both sides of this form for additional travelers.

Please fill out the first two pages of this form. Be sure to sign and date the release at the bottom of the second page. This is required to confirm your reservation.

Name of Trip: _____

Dates of Trip: _____ Deposit: \$ _____

Full Name (as appears on your passport): _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Office Phone: _____

E-mail address: _____

Citizenship: _____ Passport #: _____

Place/Date of Issue: _____ Expiration Date: _____

Birthdate (month/day/year): _____

I am rooming with: _____

For single travelers:

- I am willing to share a double room. Please assign me a roommate, if possible.
- Smoker Non-smoker I prefer a single room at a supplemental rate.
(availability of single accommodations may be limited)

In case of emergency, please notify: _____

Tel (h): _____ (w): _____

Are you currently taking any medications or do you have any allergies or other health conditions of which we should be aware?

Dietary restrictions (please describe):

Name of your personal physician: _____ Tel: _____

CREDIT CARD PAYMENT

Type of card (check one): Visa MasterCard American Express Discover

Card number: _____ Expiration date: _____

3-digit code on back of card: _____

Name as it appears on the card: _____

Billing address (if different from mailing address above): _____

Mountain Hiking Holidays, Inc. accepts payment by check, money order, or credit card (AE, VI, MC, Disc). Funds received by Mountain Hiking Holidays, Inc. from clients are deposited in a trust account and managed in accordance with Oregon Sellers of Travel law.

RELEASE OF LIABILITY AND ASSUMPTION OF ALL RISKS

Assumption of Risks. I acknowledge that I have voluntarily applied to participate on the trip indicated on this application (or a trip to which I may subsequently transfer). I have read the description of the trip in brochures and other materials provided to me by Mountain Hiking Holidays, Inc. along with all the information contained in this application. I am aware that participating in this trip involves a risk of illness, injury or death which may be caused by forces of nature, civil unrest, terrorism, physical exertion for which I am not prepared, consumption of alcoholic beverages, limited access to medical services or facilities, the negligence (but not willful or fraudulent conduct) of Mountain Hiking Holidays, Inc., its owners, operators, agents, employees, servants, contractors or affiliated organizations and their employees, or other agencies known or unknown (together "Releasees"). I am also aware that medical services or facilities may not be readily available or accessible during some or all of the time during which I am participating on this trip. I am willing to accept the risks and uncertainties as an integral part of my adventure. I HEREBY ACCEPT AND ASSUME FULL RESPONSIBILITY FOR MY OWN WELFARE, AND ACCEPT ANY AND ALL RISKS OF DELAY, UNANTICIPATED EVENTS, ILLNESS, INJURY, EMOTIONAL TRAUMA, OR DEATH.

Release. With full knowledge of the above risks, and in consideration for being permitted by Mountain Hiking Holidays, Inc. to participate in this trip, I HEREBY VOLUNTARILY AGREE TO RELEASE, DISCHARGE AND HOLD-HARMLESS RELEASEES, AND EACH OF THEM, FROM AND AGAINST ANY AND ALL CLAIMS OR LIABILITY ARISING OUT OF, OR IN ANY WAY CONNECTED WITH, THE TRIP. I hereby agree that this release shall be legally binding upon myself, all minors under the age of 18 traveling with me, my heirs, administrators, executives, successors, assigns, and personal and legal representatives; it being my intention to fully assume all the risk of travel and to release and discharge Releasees, and each of them, from any and all liabilities, claims, losses and causes of action to the maximum extent permitted by law. In the unlikely event a legal dispute should arise involving any subject matter whatsoever, I agree that the maximum amount of recovery to which I will be entitled under any and all circumstances will be the price of the trip as published in the current edition of the Mountain Hiking Holidays, Inc. trip brochure.

Severability. To the extent any provision of this should be held invalid or unenforceable by a court of law, such provision shall be severed and the remaining provisions shall remain in full force and effect.

I HAVE READ THIS DOCUMENT. I UNDERSTAND THAT IT IS A RELEASE OF LIABILITY WHICH IS BINDING ON MYSELF, MY HEIRS, MEMBERS OF MY FAMILY, PERSONAL REPRESENTATIVES, AND ASSIGNS. I VOLUNTARILY SIGN MY NAME AS EVIDENCE OF MY ACCEPTANCE OF THIS RELEASE AGREEMENT. THIS AGREEMENT SHALL BE GOVERNED BY AND CONSTRUED UNDER THE LAWS OF THE STATE OF OREGON WITHOUT REGARD TO THE PRINCIPLE OF CONFLICTS OF LAWS. THE VENUE FOR ENFORCEMENT OF THIS AGREEMENT SHALL BE IN MULTNOMAH COUNTY, OREGON.

I have also read, understand, and concur with the "Terms and Conditions" and "Know Before You Go" on the following pages.

* _____
Signature of Releaser Dated

Parent or Guardian of a Minor. I, as a parent or legal guardian of the below named minor, have read and voluntarily agree that said minor may participate in this activity and trip according to the terms of the above. I sign this release on his or her behalf. In addition, I give Mountain Hiking Holidays, Inc., its owners, operators, agents, employees, servants, contractors, and associates permission to treat said minor in case of illness, injury, emergency, or accident. Should emergency medical services become necessary, for the undersigned participant or minor, the expenses are the sole responsibility of the participant and not that of Mountain Hiking Holidays, Inc. or any other party or affiliate named herein.

Name of Minor Signature of Releaser Dated

Terms and Conditions

Trip Price: Trip price is based on double occupancy. A single supplement is paid by participants who specifically request single accommodations, subject to availability. If you are traveling alone and wish to share accommodations, we will try to match you with a roommate. However, if a roommate is not available, you will be charged a forced single supplement which is 50% of the stated single supplement. (Please note that this new policy is in effect for all departures beginning in June 2008.)

Deposit and payment: A deposit of \$400 per person will secure a space on a trip. Of this deposit \$150 is non-refundable. Please complete the attached application form, and sign the release form on the reverse. Return the forms with your deposit of \$400 per person (check, money order, or credit card) to Mountain Hiking Holidays, Inc., PO Box 86250, Portland, OR 97286. Funds received by Mountain Hiking Holidays, Inc. from clients are deposited in a trust account and managed in accordance with Oregon Sellers of Travel laws. Full payment is due 70 days before departure.

Cancellation: Upon receipt of written notification of cancellation (letter, fax, or e-mail) from you, the following cancellation fees will apply:

More than 105 days before departure	\$150/person
70-105 days before departure	\$400/person
45-69 days before departure	50% of trip price
Less than 45 days before departure	100% of trip price

In the event that Mountain Hiking Holidays, Inc. must cancel a trip we will issue you a full refund of the amount you paid us for the trip. However, we cannot be held responsible for personal expenses you may have incurred in preparation for the trip, such as the cost of non-refundable airline tickets and pre-paid hotel expenses.

Trip Cancellation Insurance: Please note that we STRONGLY urge you to obtain trip cancellation insurance so that your travel investments are covered in the event that you must cancel the trip for personal or family illness. Call us at 503-715-0844, or toll free at 1-800-313-0345 for more information.

Trip price does not include: Airfare. Baggage handling. Excess baggage charges. Meals other than those stated as included. Passport fees. Personal insurance and trip cancellation insurance. All items of a personal nature such as drinks, laundry, telephone, fax, and bottled water.

Air Transportation: Please note that air transportation is NOT included in the trip price. We STRONGLY recommend that you purchase your air tickets through a travel agent. Contact us for details needed to make flight and rail arrangements that will coordinate with your selected trip, or have your travel agent call us.

Seller of Travel Registration: Mountain Hiking Holidays, Inc. is a DBA of Walking Softly Adventures, Inc. which is a registered seller of travel in Oregon (#183) and Washington (#601 683 451).

Limits on Responsibility: Mountain Hiking Holidays, Inc. purchases transportation, hotel accommodations, and other services from various independent suppliers that are not subject to its control. Mountain Hiking Holidays, Inc., its owners, operators, escorts, agents, employees, servants, contractors, and associates give notice that they act only as the agent for the owners, contractors, and suppliers providing means of transportation and/or all other related travel services. Mountain Hiking Holidays, Inc. cannot, therefore, be held responsible for any injury, loss, or damage to person or property that may occur in connection with the service of an aircraft, vessel, automotive vehicle, or other means of transportation that is not under its control. The operation of any vehicle or other conveyance used on this trip will be the full responsibility of the companies or individuals engaged in conveying passengers; said companies or individuals are governed by the laws of the country in which they are operated and recourse for any mishap must be filed locally. Furthermore, Mountain Hiking Holidays, Inc., its owners, operators, escorts, agents, employees, servants, and associates assume no responsibility for injury, loss, or damage to person or property resulting from acts of God, weather, fire, acts of governments or other authorities, wars, civil disturbances, riots, terrorist acts, strikes, thefts, pilferage, epidemics, quarantines, dangers incident to sea, land and air travel, and other similar acts or incidents beyond its ability to control. The right is reserved to make reasonable alterations to the itinerary (including substitution of hotels) when and where deemed advisable for the comfort and well-being of the trip participants. Trip price is based on current exchange rates and is subject to

change if exchange rates vary significantly. Mountain Hiking Holidays, Inc. reserves the right to refuse service to anyone.

Know Before You Go

Arrival: We suggest you consider arranging your travel so that you arrive at least two days before your trip is scheduled to start. Air travel from the U.S. to destinations abroad is generally reliable, but delays and flight cancellations do occasionally occur. By planning to arrive early, you safeguard against potential delays and cancellations and you have extra time to adjust to the new time zone so you'll feel more relaxed when your trip begins!

Baggage: Specific baggage handling services have not been priced into the trips (and are sometimes unavailable). We strongly advise that you pack adequately but lightly and limit baggage to an amount you can easily handle. Not all hotels and inns have elevators.

Equipment and Preparedness: Since virtually all of our hikes take place "off pavement" you should be prepared to encounter rocky and uneven footing, mud, puddles, and even occasional snow patches. Trail conditions can vary considerably during the course of a trip; some trails are wide, well-built and well-graded. Others, particularly on the more strenuous options, are "way trails"—boot-beaten paths traversing rugged terrain without a clearly defined trail tread. Comfortable, well broken-in hiking boots are indispensable. We recommend boots that come above your ankles since these will provide valuable support on uneven terrain. Goretex-lined boots will help keep feet dry. Trekking poles are strongly advised. When hiking always carry waterproof rain gear (hooded jacket and pants), warm clothing (hat, gloves, fleece, capilene base layers), and food and water with you in your daypack.

Fitness Requirements: Since Mountain Hiking Holidays trips are in mountainous areas, you can expect that all hikes will involve some degree of elevation gain and loss. To make the most of a Mountain Hiking Holidays trip you DO need to have a desire to hike in the mountains, and you DO need to be physically fit. As a general rule of thumb, if you are capable of a hike involving a vertical elevation gain of two thousand feet over the course of four miles (along with the accompanying descent), you should be able to participate fully. If in doubt about your general physical fitness, consult your physician.

Included Costs: The costs of all arrangements necessary to support the trip and the hiking options described are built into the trip price. This includes all lodging (in twin/double rooms with private bathrooms unless otherwise specified), meals as specified in the itinerary, guiding services, ground transportation costs, and service charges, taxes, and tips for service providers. There are no additional charges for chairlifts, cable cars, ferries, or admissions to national parks and other sites included as part of the trip itineraries.

Accommodations: Many of the accommodations used on our trips are small, family-run hotels and inns without elevators. Rooms in these hotels and inns can vary in terms of size, furnishings, and views available.

Meals: All breakfasts are included and are served by the hotels. Lunches are sometimes not included, but when this is the case your guides are available to help you purchase food for trail lunches that best meet your personal preferences. On most evenings, dinner is included. On the other evenings, your guides can provide recommendations for noteworthy restaurants where you can sample the best of local cuisine. Please let us know if you have any dietary restrictions or concerns.